

*Where the sky meets the sea*



THREE DEGREES WEST°

CAFÉ • BAR • BISTRO

## MENU



Beach Road, Oddicombe Beach, Torquay, Devon TQ1 3LB  
01803 311202 [www.oddicombebeach.co.uk](http://www.oddicombebeach.co.uk)

# TAPAS / APPETISERS

**Gluten Free Olives** 3.95    
Assorted, pitted olives

**Papas Arrugadas** 4.95   
Rustic, salted skin-on potatoes served warm with mojo verde (green herbs, green pepper, garlic & cumin, olive oil & pepper) & mojo picon (red pepper, chilli, garlic, olive oil & vinegar). Sauces contain bread

**Goujons of Plaice** 5.95  
Goujons served with tartare sauce

**Chicken Croquettes** 5.95  
With a cranberry dip and salad garnish

**Arancini Balls** 5.95   
Deep fried risotto balls filled with sun-dried tomatoes, basil and Parmesan, served with pisto manchego (a tomato and vegetable ragu)

**Mini Chorizo** 5.95  
Bite sized spicy chorizo sausages drizzled with honey

**Squid** 8.95  
Lightly dusted squid rings and tentacles with aioli (garlic mayo)

**Garlic Tiger Prawns** 7.95  
Peeled tiger prawns in garlic and olive oil

**Blanchbait** (whitebait) 5.95  
Lightly coated in a fine crumb

**Cheese Louise** 6.95    
A golden crispy shell coating, kale, sweetcorn & creamy potato with a cheese filling. Drizzled with sweet chilli sauce. Gluten free

**Tempura Vegetables** 6.95   
Baby corn, carrots, green beans, red & green peppers coated in a crisp tempura batter with a sweet chilli dip

**Antipasti Platter** 9.95  
A selection of cured meats, assorted olives and bread. Great to share

**Vegan Platter** 9.95     
Tofurky smoked ham slices, olives, houmous, Mediterranean Violife Grill Me, plant based Italian sausage. Great to share. Gluten free, vegan

## MAINS

### 3DW BURGERS

**Cheeseburger** 10.95  
Topped with Cheddar cheese with salad, served with chips and coleslaw

**Gourmet Burger** 13.95  
Topped with smoked bacon, blue cheese and red onion chutney, with onion rings, chips and coleslaw

**Brie & Bacon Burger** 13.95  
Topped with smoked bacon, brie and red onion chutney, with onion rings, chips and coleslaw

**Chicken Burger** 11.95  
Chicken breast breaded in a crispy coating with salad, chips and coleslaw

**Veggie Burger** 11.95   
Delicious burger made from carrots, onions, beans, rice and potato, served with chips, onion rings and a side of coleslaw

### **Mango Magic Lentil Burger** 11.95

Gently spiced Puy lentil patties with cumin & coriander, filled with a tangy mango sauce, served with chips and salad in a gluten free roll.

Gluten free, vegan



### **Griddled Sardines** 10.95

Served with salad and fresh bread

### **Whole Baked Camembert** 8.95

Ideal for sharing. Served with slices of garlic bread and caramelised red onion chutney



### **Golden Fried Whole-tail Scampi** 12.95

Served with fries, salad garnish, coleslaw, garden peas and tartare sauce

### **Beer Battered Cod** 11.95

Served with fries, salad garnish, coleslaw, garden peas and tartare sauce

### **3DW Catch of the Day** 11.95

Served with rustic skin-on potatoes, salad, coleslaw, mojo verde & mojo picon sauces on the side.

Sauces contain bread

## **3DW SALADS**

11.95

Dressed salad selection with coleslaw  
Choose from the following:

#### **Prawn**

#### **Hot chicken with bacon lardons**

#### **Hot Chicken Caesar**

#### **Flaked Tuna**

## **3DW PLOUGHMAN'S**

11.95

Choose from **Cheddar, Stilton or cold baked ham**

With seasonal salad, pickled onions, red onion chutney and coleslaw

## **3DW PASTA/RICE**

### **Chicken & Bacon Pasta** 11.95

Chicken breast with smoked bacon in a creamy sauce, served with garlic bread

### **Penne Pasta** 10.95

Penne pasta with a tomato & vegetable ragu, sprinkled with Parmesan cheese and served with garlic bread



### **Ham, Egg and Chips** 8.95

Thick cut ham, 2 fried eggs & chips

### **Three Bean Smoky Chilli** 11.95

Smoked, spiced tomato sauce, with red and yellow peppers, kidney, cannellini and black turtle beans with chunks of aubergine, served with rice



### **Thai Penang Curry** 11.95

Cauliflower, green beans, mangetout and peppers, in a creamy coconut sauce with lemongrass, galangal and lime leaves, served with a side of rice. Gluten free, vegan



### **Butter Me Up Bean Stew** 11.95

Butterbeans, chargrilled sweet potato and spinach in a smoky tomato sauce served with a side of rice.

Gluten free, vegan



*See over for sandwiches, smaller appetite and sides*

## SANDWICHES

7.95

Freshly made to order white, granary or gluten free sandwich or a wrap. Served with salad garnish, coleslaw and a few fries

**Hot Bacon, Brie and Caramelised Red Onion Chutney**

**Cold Baked Ham Salad**

**Coronation Chicken with Sultanas & Pineapple**

**Prawns in a Lemon Mayo**

**Cream Cheese & Smoked Salmon**

**Cheese Salad** 

**Tuna Mayo**

**Bacon, Lettuce & Tomato**

## SMALLER APPETITE

6.95

**Breaded Chicken Goujons, Chips, Beans or Peas**

**Butcher's or Vegetarian Sausages, Chips, Beans or Peas**

**Battered Cod Goujons, Chips, Beans or Peas**

## 3DW SIDES

**Chips** 4.00

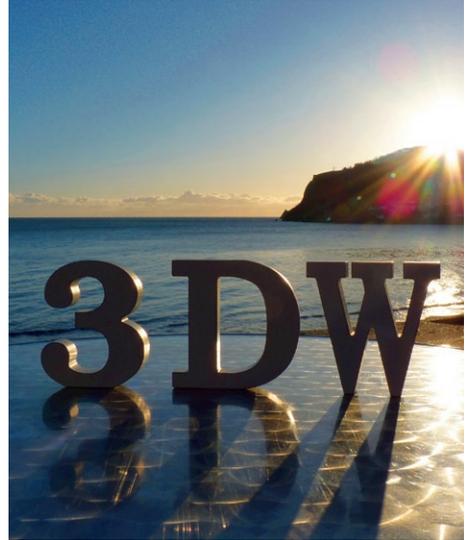
**Grated Cheesy Chips** 4.75

**Onion Rings x10** 3.75

**Garlic Bread** 3.25

**Cheesy Garlic Bread** 3.75

**Dressed Salad Bowl** 3.50



Please note that bills will be issued per table and not per person. Outside dining may require payment when order is placed to avoid confusion.

Please be aware that our great food is prepared fresh at all times and could take up to 45 minutes to prepare and cook during busy periods.

Always remember to ask a member of our team about today's specials on display inside.

Please advise your server if you have any allergy and we will gladly help if we can.

We are a mixed use kitchen and cannot guarantee to be completely nut free.

Fish dishes may contain small bones.



Call us on 01803 311202



Gluten Free



Vegan



Vegetarian

To keep up to date with all the 3DW latest news check out our website at [www.oddicombebeach.co.uk](http://www.oddicombebeach.co.uk) or follow us on Facebook at **3DegreesWest**