

## TAPAS/ APPETISERS -

**Mixed Olives £3.95**  
Assorted, pitted olives

**Papas Arrugadas £4.95**  
Rustic, salted skin-on potatoes served warm with mojo verde (green herbs, green pepper, garlic & cumin, olive oil & pepper) & mojo picon (red pepper, chilli, garlic, olive oil & vinegar)  
Sauces contain bread

**Goujons of Plaice £5.95**  
Breaded goujons served with tartare sauce

**Chicken Croquettes £5.95**  
Deep fried croquettes covered with breadcrumbs & filled with creamy chicken

**Arancini Balls £5.95**  
Deep fried risotto balls filled with sun-dried tomatoes, basil & Parmesan, served with pisto manchego (a tomato & vegetable ragu)

**Mini Chorizo £5.95**  
Bite sized spicy chorizo sausages

**Squid £7.95**  
Lightly dusted squid rings and tentacles with aioli (garlic mayo)

**Garlic Tiger Prawns £7.95**  
Peeled tiger prawns in garlic & olive oil

**Blanchbait (whitebait) £6.95**  
Lightly coated in a fine crumb

**Soup du Jour £5.95**  
Today's fresh offering served with a bread roll

**Tempura Vegetables £6.95**  
Baby corn, carrots, green beans, red & green peppers coated in a crisp tempura batter with a sweet chilli dip

**Antipasti Platter £8.95**  
A selection of cured meats, assorted olives and bread.  
Great to share

## FROM NOON



THREE DEGREES WEST<sup>o</sup>

CAFÉ • BAR • BISTRO

### 3DW BURGERS

**Cheeseburger £10.95**

Topped with Cheddar cheese with salad, served with chips and coleslaw

**Gourmet Burger £14.95**

Topped with smoked bacon, blue cheese, red onion chutney, onion rings, chips and coleslaw

**Chicken Burger £10.95**

Chicken breast breaded in crispy coating with salad and mayo, served with chips and coleslaw

**Vegetable Super Burger £11.95**

Delicious burger made from carrots, onions, beans, rice and potato, served with chips and a side of coleslaw

### MAINS

**Three Degrees Best £13.95**

Choose from steak, chicken or fish  
Served with crisp, seasonal, dressed salad, papas arrugadas (rustic, salted, skin-on potatoes) with mojo verde and mojo picon served on the side (sauces contain bread)

**Griddled Sardines £10.95**

Served with salad & fresh bread

**Whole Baked Camembert (ideal for sharing) £8.95**

Served with slices of garlic bread & caramelised red onion chutney

**Chicken Pasta £11.95**

Chicken breast with smoked bacon in a creamy sauce, served with garlic bread

**Penne Pasta £10.95**

Penne pasta with a tomato & vegetable ragu, sprinkled with Parmesan cheese and served with garlic bread

**Golden Fried whole-tail Scampi £12.95**

Served with fries, salad garnish, coleslaw, garden peas and tartare sauce

**Beer Battered Cod £11.95**

Served with fries, salad garnish, coleslaw, garden peas and tartare sauce

**Mushroom & Walnut Spaghetti £11.95**

Mushrooms, walnuts & onions with soft spaghetti mixed in a rich tomato sauce, seasoned with smoky paprika served with garlic bread

**Three Bean Smoky Chilli £11.95**

Smoked spiced tomato sauce, with red & yellow peppers, kidney, cannellini & black turtle beans with chunks of aubergine served with rice

### 3DW SALAD BOWLS

**£11.95**

Dressed salad selection with coleslaw and rustic potato salad, choose from the following  
Prawn in a light lemon mayo  
Hot chicken with bacon lardons  
Cottage cheese and seasonal fruits

### 3DW PLOUGHMANS

**£11.95**

Choose from Cheddar, Stilton or cold baked ham served with a chunk of granary or white bread  
Salad, pickled onions, red onion chutney and coleslaw  
Mix it around £1.50 per item

### SANDWICHES

**£7.95**

Freshly made to order white, granary or gluten free sandwich  
Served with salad garnish, coleslaw and a few fries  
Hot bacon, brie and real ale chutney  
Cheese and chive bound in a light mayo  
Cold baked ham salad  
Coronation chicken with sultanas & pineapple  
Prawns in a lemon mayo  
Egg mayo  
Battered cod goujons

### OARSOME ROLLS

**£10.95**

Either white or granary, filled with lettuce, tomato & cucumber, served with chips  
Steak & pan-fried onions or Hot chicken breast & bacon

### SMALLER APPETITE

**£6.95**

5 breaded chicken goujons, chips, beans or peas  
butchers or vegetarian sausages, chips, beans or peas  
4 battered cod goujons, chips, beans or peas



## 3DW SIDES

**Chips £3.00**

**Grated Cheesy Chips £3.50**

**Battered Onion Rings £3.50**

**Garlic Tiger Bread £3.00**

**Cheesy Garlic Bread £3.50**

**Dressed Salad Bowl £3.00**

**Mixed Bread Basket £1.95**

**Side of Coleslaw £2.95**

## BREAKFAST

Served daily till 11.30am

**Captain's Table £7.95**

Butcher's sausages, tomato, mushroom, two slices of bacon, potato rosti, poached, scrambled or two fried eggs, served with toast

**First Officer's Breakfast £6.95**

Butcher's sausage, tomato, mushroom, slice of bacon, potato rosti, poached, scrambled or fried egg, served with toast

**Breakfast Roll £6.50**

Our fresh baked, huge roll filled with bacon, egg and sausage, granary or white

**Millionaire's Breakfast £6.95**

Eggs Benedict on a toasted muffin with bacon, served with hollandaise sauce  
Add a mini bottle of Prosecco for just £7 extra

**Eggs Creation £4.50**

Your choice: scrambled, fried or poached on toast  
Add a sausage or slice of bacon £1.00 each

**Galley Snacks £4/£5**

A filled roll with your choice of bacon, egg or sausage  
Or mix and match two items

**Cinnamon Toast £4.50**

Two thick white slices, hot and sticky

Please note that bills will be issued per table and not per person.  
Outside dining may require payment when order is placed to avoid confusion.

Please be aware that our great food is prepared fresh at all times and could take up to 45 minutes to prepare and cook during busy periods.

Always remember to ask a member of our team about today's specials on display inside.

Please advise your server if you have any allergy and we will gladly help if we can. We are a mixed use kitchen and cannot guarantee to be completely nut free. Fish dishes may contain small bones.



**01803 311202**

To keep up to date with all the 3DW latest news check out our website at [www.oddicombebeach.co.uk](http://www.oddicombebeach.co.uk) or follow us on Facebook at 3DegreesWest

